



At the Table Margaret Feinberg

Discover the Word is excited to introduce and welcome Margaret Feinberg (Bible teacher, speaker, author, and more!) to the table for *Fight Back With Joy*—a new series that teaches us how to see joy in all circumstances and how to be a reflection of joy to others. Get to know Margaret with this short Q&A interview.

- **Tell us a bit about yourself. Which city do you call home?**

My 6' 8" husband, Leif and I, live outside Salt Lake City, Utah, where he is a campus pastor for *Capital Church*. We have an adorable pup named Hershey. I love coffee, chocolate, travel and this great big gift called life.

- **When you're not writing, what hobbies or activities do you enjoy and/or find inspiration from?**

I love hiking, taking walks with friends, sharing meals, and going on spur-of-the-moment adventures.

- **Everyone has battles to face in life. What does it look like to "fight back with joy"?**

Often joy is sewn on pillows and printed on coffee mugs, but joy is more than whimsy, it's the weapon we use to fight life's battles.

- **Why do you think we often misuse or misunderstand the word "joy"? How is "joy" different from "happiness"?**

Too often we think of happiness as the ugly stepchild of joy. We are suspect of happiness claiming it's basis on circumstances but the truth is joy is based on circumstances too—circumstances that are drenched in the grace and mercy of God. We should be learning to embrace all of the joy and happiness we can because the two go hand in hand.

- **Is there a particular passage or book of the Bible that you're currently studying, and what are you learning from it?**

I've been studying the theme of food and the Bible for the upcoming *Taste and See: An Aspiring Foodie's Search for God Among Butchers, Bakers, and Fresh Food Makers* book and Bible study. It's been a delicious, life changing study.

- **How has your personal story influenced the subjects of your books and articles?**

I was raised by adventuresome parents who helped me recognize that the call of Christ and the Scripture is the best adventure any of us can live.

- **What advice would you give to someone asking the question, "How do I begin to fight back with joy?"**

The *Fight Back with Joy* book and Bible study are filled with dozens of tactics on how to fight back with joy. A great place to start is through love and generosity and listening and laughing and more.

- **How can people connect with you and learn more? Do you have a website, blog, book, etc?**

Come visit www.margaretfeinberg.com and sign up for my weekly love e-letters filled with encouragement and lots of Jesus. My book, *Fight Back With Joy*, is available on *Discover the Word* this week!